SURVIVORSUK

Supporting Male, Non-Binary and Transgender Survivors

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delivered by

Making a positive difference to the wellbeing and lives of men and boys.

Raising awareness and for charities supporting men and boys' wellbeing.

Promoting a positive conversation about men, manhood and masculinity.

What is International Men's Day?

So what does SurvivorsUK do?



Webchat and SMS service.

Telephone and Online:

- Trained helpliners.
- Chat is under client control.
- Generally first step to talking.

Mon – Sunday 12pm – 8pm

SurvivorsUK



07491 816 064



help@survivorsuk.org



www.survivorsuk.org

*Confidential





Groupwork:

• Safe space to meeting other survivors.

12 weekly sessions with the option

Empowerment based, trauma

Face to face:

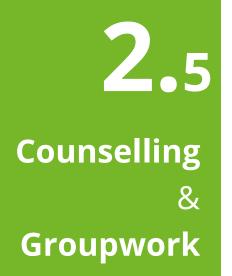
Self-referral.

First, a chat

to extend.

informed

- Share experiences & coping strategies.
- Ongoing group every month.



Groupwork+

We understand that certain parts of the community we support may benefit from specific support groups.

Trans*

- Children / Young People
- BAME

"*" where we recognise "trans" as an umbrella term for anyone identifying as transgender, transman, transwoman, genderqueer, agender, transsexual, two-spirit, genderfluid, non-binary, gender non-conforming, bigender, third gender, transmasculine, transfeminine, androgynous and any other pronouns which are related to this term.



SurvivorsUK – counselling referral

Contact Us

via our helpline, office line, email or by completing an <u>online referral</u> <u>form</u>.

We Contact You

with an initial informal chat around what sort of support will be right for you (including how often, gender preferences, days/times etc.)

Counsellor Contact

will happen as soon as possible so that you can speak to one of our team.

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3. ISVA (Independent Sexual Violence Advisor)



ISVA's can:

- Provide practical and emotional support throughout the criminal justice process.
- Support you whether you have reported or not.
- Information and advice around the criminal justice process.
- Advocate and liaising with professionals supporting you.
- Signpost to other specialist services.

SurvivorsUK – ISVA referral

Contact Us

via our helpline, office line, email, by completing a <u>self-referral form</u>, or a <u>third-party referral form</u>.

Initial Assessment

via phone with the ISVA team to assess any needs or risks. This will help us create an initial support plan for you.

Contact

will be at least once a month, whether that is by phone or online.



Wait times

Flexible services

We understand that the wait list can be a massive barrier for clients.

We attempt to be as flexible as possible during this wait:





Engaging organisations, institutions and individuals with SurvivorsUK.

Increasing awareness and educating about male rape and sexual abuse.

So how are we doing?



HMP High Down Greenwich Camden Facebook Council **HMP** Highpoint You! LGBT Forum Haringey **Royal College Islington Mind** Birkbeck Council of Speech & Goldsmiths Addiction Recovery City College London Drama Community Arsenal University University Victims' Southampton Hillingdon Commissioner University SOAS **I SBU** Mary Ward FC Hackney Waltham Centrepoint Centre Forest College Home Office BBC Council & Forest Road Hackney Get Together Greenwich Youth Club London Switchboard **CVS** Southwark The Havens Council Lads Council Southwark Ministry of **Detective Unit Club** Drug National Metro Charity Gay Star Housing Justice Ugly Clinic Sutton News CliniO Justice Mind Mugs Council Leap Confront Friends of Southwark **UK Says No** Conflict Kent University the Elderly Oxford Wellbeing Hub More ILA Sexpression Dean Surrey **UK Black Pride** Bournemouth Link Age GenX Police Street University Southwark **Tower Hamlets** Good Lad **Brunel** Robes Oxford Novus Council Universitv Initiative Gloucester University Switchboard Hestia AgeUK Courageous Royal Talking WDP Barnet Recovery Hospital Living Pembroke Therapies Centre Roehampton Southwark Hub Kingston University Pride in Coaching House University UCL Westminster London Ministry of Goldsmiths Galop University **ANBU** Croydon Defence **#MeToo Society** Bolt UK College House of Burton UPP **Peggy Pictures** Rainbow UWL **Royal London** Kemp

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