



MEDIA RELEASE

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Lawyer sets off hot foot for charity

Cheryl Abrahams, a lawyer from the Islington specialist compensation firm of Bolt Burdon Kemp has been walking over hot coals to raise £600 for charity.

The embers were burning at 1200 degrees F and Cheryl had to walk over the top of them to convince colleagues and friends who had sponsored her to pay up.

She commented: " The embers didn't seem hot under the feet for some reason, thank goodness, but you did have to move quickly to prevent your feet from burning. I think it was the adrenalin that helped me through it, although I was very nervous. I am, after all, a solicitor who specialises in personal injury claims!"

The charity event was held in Tooting in London recently by a company called Blaze and Cheryl has now handed over her cheque for nearly £600 to Phoenix House, an organisation that was founded in 1970 as a leading provider of drug and alcohol services in the UK, offering help and support to people with addictions and their families. Last year they helped over 9,000 people to try to stop their addictions and get their lives back in order. They also provide support to their partners and children.

Ends

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